

Longvernal

Making it a healthier place



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Getting Healthier

We had a meeting with the School Council and Equalities Team to discuss ideas. Many said that while we had the PlayPod they would like more activities. Mrs Courtier our Head Teacher asked us to speak to Hannah from the Methodist Church who is a trained playleader. We had a meeting with Hannah and she has been training us up to learn new games.

We did a presentation in assembly about games and talked about issues around bullying and also including everybody in the games.

We decided to put a bubby stop near our gazebo area for children who were feeling lonely.



Games we play

At play time and at lunch times we teach our friends and younger children games.

Types of games: Football, hoops, bouncy hoppers, elastics, big feet, tyres and fun with cushions.

Hannah with Play Leaders



Mrs Bazeley our class teacher selected myself and five others from Sycamore class to act as play buddies.

The TEAM!









How this has improved life at our school

We are happier

Everyone is more active

We are not bored

There is less falling out

The teachers are happy because they are not dealing with arguments

We have fun

What next?

- We need to buy other equipment like footballs, bouncy hoppers, outdoor pannels for climbing, zoom balls.
- As play leaders we would like a special play leader shirt
- We want to do Wake and Shake – Mrs Courtier we need an outdoor Boogie Box. Pretty please -

